



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY GARRISON WIESBADEN  
UNIT 29623  
APO AE 09005-9623

JUN 22 2016

IMWB-ZA

MEMORANDUM FOR Patrons of United States Army Garrison (USAG) Wiesbaden Community

SUBJECT: USAG Wiesbaden Command Policy Letter #20, United States Army Garrison Wiesbaden Fitness Centers

1. Purpose: To define and establish the USAG Wiesbaden Commander's Physical Fitness Center (PFC) Standards.
2. Applicability: This policy applies to all patrons of physical fitness centers in USAG Wiesbaden.
3. Policy:
  - a. Uniform / Fitness Attire

(1) Personnel using USAG Wiesbaden PFCs will wear appropriate civilian workout attire or the Improved Physical Fitness Uniform (IPFU). Wear of the Army Combat Uniform (ACU) or Operational Camouflage Pattern (OCP) will be restricted to lunch hours. With the exception that if the Army Physical Readiness Test (APRT) uniform is the ACU for combative or physical training.

(2) WFCs lunch hours are from 1130-1300 on duty days.

(3) All fitness attire will be generally clean; shoes or boots free of dirt and mud. No dirty or muddy shoes or boots will be allowed on cardio equipment.

(4) Use of wireless devices or non-wireless devices/earpieces is authorized only in the PFCs while conducting physical readiness training/physical fitness training and/or weight training.

- b. Headphone Use.

(1) Headphones or earphones, including wireless or non-wireless devices, are authorized for wear with the civilian fitness attire, IPFU, and the OCP/ACU in the fitness center while utilizing the treadmills, indoor track, elliptical machines, stair climbers, free weights, weight machines or in any other physical activity area within the PFCs. The headphones can be used moving through or around a fitness center from one activity to another or stationary events in USAG Wiesbaden PFCs.

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(2) These devices are not authorized for wear at any other time outside the fitness center, Soldiers may not wear headphones beyond the permitted area in any manner, including around the neck or attached to the uniform. Soldiers may wear also wear a solid black armband for electronic devices in the PFCs. Soldiers may not wear the armband outside of the permitted area.

(3) The use of headphones or earphones while walking, jogging, skating and bicycling, (including pocket bike, motorcycle or moped) on Army installation roads and streets is prohibited.

c. Lockers

(1) The personal locker issue at the Clay Kaserne PFCs is not viable due to the increased population. The amount of lockers available in the men's and women's locker rooms cannot sustain the large volume of patron requests; therefore, lockers can only be issued on a daily use basis.

(2) Daily use lockers are provided for patrons. Locks on daily use lockers will be removed at the end of each business day, and the contents will be removed and placed in storage for a period not to exceed 30 days. Exception to this policy will be considered for bicycle commuters. Exceptions to this policy must be submitted in writing to the Garrison Sports Director.

d. Facility Reservations

(1) Brigade Level and below units will not host special events within the PFCs, due to wear and tear on the facility and stoppage of athletic services provided to the community. Such units will have to coordinate with Tony Bass fitness center, owners of aircraft hangers or other potential indoor locations for special events requiring indoor venues.

e. Facility Cleanliness

(1) Active Duty, Reserve and National Guard patrons are strongly advised not to leave uniform tops in locations other than daily use lockers, or neatly folded in the window areas of the weight rooms. Uniforms found in locations other than designated areas will be collected and maintained at the PFCs front desk.

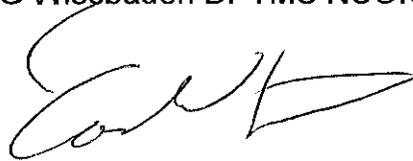
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(2) The Clay PFC provides sanitary wipes throughout the cardio and weight room areas. Patrons are required to wipe down machines after use to ensure each piece of equipment is ready for the next patron.

(3) In an effort to ensure cleanliness of the facility, all patrons will thoroughly wipe their feet at the entrance used to enter the facility. Cleanliness of footwear ensures that the facility and equipment are kept clean and serviceable. Patrons who do not adhere to this policy will be asked to leave the facility and return only with clean foot wear. It is every patron's responsibility to keep the facility clean and in good working order.

4. The point of contact for this policy is USAG Wiesbaden DPTMS NCOIC at DSN: 548-3039, CIV: 0611-143-548-3039.



TODD J. FISH  
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Commanding