



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY GARRISON WIESBADEN  
UNIT 29623  
APO AE 09005-9623

IMWB-ZA

FEB 26 2016

MEMORANDUM FOR All Members of the United States Army Garrison (USAG)  
Wiesbaden Community

SUBJECT: US Army Garrison Wiesbaden Command Policy Letter #10, Unit Physical  
Readiness Training

1. References:

- a. Army Regulation (AR) 385-10, The Army Safety Program, 23 Aug 07.
- b. Army in Europe Regulation (AER) 190-1, Driver and Vehicle Requirement and the Installation Traffic Code for the U.S. Forces in Germany, 13 Aug 10.
- c. Army in Europe Pamphlet (AE Pam) 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04.
- d. (U) USAREUR TASKORD 12-0460 (Consolidated Antiterrorism Operations), 10 Sep 12.

2. Purpose: To establish procedures and identify responsibilities for conducting unit formations and physical readiness training.

3. Applicability: This policy applies to all military and civilian personnel conducting formations, unit movements, and physical readiness training in the Wiesbaden community.

4. Policy:

a. Unit physical readiness training in formation elicits intangible rewards such as esprit de corps, team building, and discipline. Clay Kaserne offers many safe locations and routes to conduct unit physical readiness training in formation. However, units are prohibited from conducting unit physical readiness training in community housing areas as outlined below.

(1) Aukamm, Crestview, Hainerberg, and Newman Village Housing Areas: Unit physical readiness training in formation is prohibited. This includes sports fields, tennis courts, basketball courts, roller rink, etc., and facility parking lots unless by exception approved by USAG Wiesbaden Directorate of Plans, Training, Mobilization and Security (DPTMS).

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(2) Newman Village Housing (NVH) on Clay Kaserne.

(a) Unit formations can only run along the main street (Via Principalis) in NVH.

(b) No cadence calling or chants are allowed in NVH.

(c) Unit formations are not authorized to use any side streets in NVH.

(d) Unit formations are not authorized to use the jogging trail around NVH.

(e) No Army Physical Fitness Test (APFT) or Diagnostic APFT (DAPFT) are to be conducted on the jogging trail around NVH.

(3) Clay Kaserne housing area. No cadence calling or chants are allowed in the Clay Kaserne housing area.

(4) Requests for exception to conduct unit physical readiness training in formation at Aukamm, Crestview, Hainerberg or Newman Village housing areas must be submitted to USAG Wiesbaden DPTMS at least 30 days in advance, using an antiterrorism/force protection special event packet for lucrative targets, in accordance with paragraph 1.d.

b. Unit formations moving tactically, administratively, or during physical readiness training present a serious hazard. Death or serious injury can occur without the establishment of appropriate safety measures. Unit commanders will establish safety measures and conduct composite risk assessment to identify and mitigate all hazards to unit formations and movements as outlined in paragraph 1.c.

(1) Unit physical readiness training formations:

(a) Will be conducted in gravel, grass, or hardstand areas when possible.

(b) Will be protected during hours of limited visibility by posting two road guards twenty meters to the front with non-blinking white lights (flashlight) and reflective clothing, and twenty meters to the rear with non-blinking lights and reflective clothing. Ensure Soldiers are properly marked with reflective clothing when conducting unit or individual movement on roads in accordance with unit policy.

(c) Will designate at a minimum, one Non Commissioned Officer (NCO) per unit for straggler control. This NCO is responsible for gathering slow runners into a

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formation to reduce road congestion. This NCO will instruct Soldiers who fall out of unit formations to move to the extreme right of the roadway or onto sidewalks.

(d) Will occupy no more than one half of the roadway and will not impede traffic.

(e) Will not conduct chants or cadence calling through Family housing areas, in the vicinity of local farms, or in other residential areas.

(f) Units will coordinate routes and times with the Directorate of Emergency Services (DES) NLT 48 hours prior to unit movement on public roads to ensure local authorities are notified.

(2) Individual physical readiness training: Soldiers not in formation are considered pedestrians and must walk/run on the sidewalk, or against traffic if a sidewalk is not available. They must yield to traffic when crossing streets and wear unobstructed reflective clothing. Soldiers conducting physical readiness training on installation or public roads are encouraged to use the buddy system and run with a "Battle Buddy."

(3) The APFT or DAPFT will not be conducted in parking lots or occupied roadways. APFT or DAPFT will be conducted during normal physical readiness training hours (0630 – 0730). The airfield physical readiness training route is the safest location to conduct an APFT or DAPFT. Exceptions to the APFT or DAPFT is based on the unit mission and will be granted by the Garrison Command Sergeant Major.

(4) Other restrictions for unit and individual physical readiness training:

(a) Units and individuals are prohibited from using the road from the main gate towards B455.

(b) Individuals should exercise caution when using the farm roads as there is a fair amount of vehicular traffic.

(c) Units and individuals are prohibited from using parking garages for physical readiness training.

(5) AE Pam 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04, provides valuable information concerning physical readiness training risk assessment, causes of injuries, and preventive measures.

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5. The point of contact for this is the DPTMS, USAG Wiesbaden, who can be reached at DSN: 337-5708 / CIV: 0611-705-5708 or via email [usarmy.wiesbaden.imcom-europe.mbx.ioc@mail.mil](mailto:usarmy.wiesbaden.imcom-europe.mbx.ioc@mail.mil).



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