



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON WIESBADEN
UNIT 29623
APO AE 09005-9623

IMWB-ZA

17 JAN 13

MEMORANDUM FOR All Members of the USAG Wiesbaden Community

SUBJECT: US Army Garrison Wiesbaden Command Policy Letter 10, Unit Physical Readiness Training (Change 2)

1. References:

- a. AR 385-10, The Army Safety Program, 23 Aug 07.
- b. AE Reg 190-1, Driver and Vehicle Requirement and the Installation Traffic Code for the U.S. Forces in Germany, 13 Aug 10.
- c. AE Pam 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04.
- d. (U) USAREUR TASKORD 12-0460 (Consolidated Antiterrorism Operations), 10 Sep 12.

2. Purpose: To establish procedures and identify responsibilities for conducting unit formations and physical readiness training.

3. Applicability: This policy applies to all military and civilian personnel conducting formations, unit movements, and physical readiness training in the Wiesbaden community.

4. Policy:

a. Unit physical readiness training in formation elicits intangible rewards such as esprit de corps, team building, and discipline. Clay Kaserne offers many safe locations and routes to conduct unit physical readiness training in formation. However, units are prohibited from conducting unit physical readiness training in community housing areas as outlined below.

(1) Aukamm, Crestview, and Hainerberg Housing Areas: Unit physical readiness training in formation is prohibited. This includes sports fields and facility parking lots unless by exception approved by USAG Wiesbaden Directorate of Plans, Training, Mobilization and Security (DPTMS).

(2) Newman Village Housing (NVH) on Clay Kaserne.

(a) Unit formations can only run along the main street (Via Principalis) in NVH.

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- (b) No cadence calling or chants are allowed in NVH.
- (c) Unit formations are not authorized to use any side streets in NVH.
- (d) Unit formations are not authorized to use the jogging trail around NVH.

(3) Clay Kaserne housing area. No cadence calling or chants are allowed in the Clay Kaserne housing area.

(4) Requests for exception to conduct unit physical readiness training in formation at Aukamm, Crestview, or Hainerberg housing areas must be submitted to USAG Wiesbaden DPTMS at least 30 days in advance, using an antiterrorism/force protection special event packet for lucrative targets, in accordance with paragraph 1.d.

b. Unit formations moving tactically, administratively, or during physical readiness training present a serious hazard. Death or serious injury can occur without the establishment of appropriate safety measures. Unit commanders will establish safety measures and conduct composite risk assessment to identify and mitigate all hazards to unit formations and movements as outlined in paragraph 1.c.

(1) Unit physical readiness training formations:

(a) Will be conducted in gravel, grass, or hardstand areas when possible.

(b) Will be protected during hours of limited visibility by posting two road guards twenty meters to the front with non-blinking white lights (flashlight) and reflective clothing, and twenty meters to the rear with red or yellow blinking lights and reflective clothing. Ensure Soldiers are properly marked with reflective clothing when conducting unit or individual movement on roads IAW unit policy.

(c) Will designate at a minimum, one NCO per unit for straggler control. This NCO is responsible for gathering slow runners into a formation to reduce road congestion. This NCO will instruct Soldiers who fall out of unit formations to move to the extreme right of the roadway or onto sidewalks.

(d) Will occupy no more than one half of the roadway and will not impede traffic.

(e) Will not conduct chants or cadence calling through Family housing areas, in the vicinity of local farms, or in other residential areas.

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(f) Units will coordinate routes and times with the Directorate of Emergency Services NLT 48 hours prior to unit movement on public roads to ensure local authorities are notified.

(2) Individual physical readiness training: Soldiers not in formation are considered pedestrians and must walk/run on the sidewalk, or against traffic if a sidewalk is not available. They must yield to traffic when crossing streets and wear unobstructed reflective clothing. Soldiers conducting physical readiness training on installation or public roads are encouraged to use the buddy system and run with a "Battle Buddy."

(3) Army Physical Fitness Tests (APFT) will not be conducted in parking lots or occupied roadways. APFT will be conducted during normal physical readiness training hours (0630 – 0730). The airfield physical readiness training route is the safest location to conduct an APFT.

(4) Other restrictions for unit and individual physical readiness training:

(a) The south gate is the only gate authorized for runners entering or leaving Clay Kaserne. The gate is used to proceed to the German farm roads. Caution must be exercised when using the farm roads as there is a fair amount of vehicular traffic.

(b) Units and individuals are prohibited from using the road from main gate towards B455 and roads leading towards south gate to conduct physical readiness training.

(c) Units and individuals are prohibited from using parking garages for physical readiness training.

(5) AE Pam 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04, provides valuable information concerning physical readiness training risk assessment, causes of injuries, and preventive measures.

5. The point of contact for this memo is the DPTMS, USAG Wiesbaden, who can be reached at DSN: 337-5708 / CIV: 0611-705-5708 or via email usarmy.wiesbaden.imcom-europe.mbx.ioc@mail.mil.



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