



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON WIESBADEN
UNIT 29623
APO AE 09096-0050

IMEU-WSB-ZA

16 JUN 09

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: US Army Garrison Wiesbaden Command Policy Letter 17, Wearing of Headphones in US Army Garrison Wiesbaden Physical Fitness Centers

1. Reference:

a. Army Regulation (AR) 670-1, Wear and Appearance of Army Uniforms and Insignia, 3 February 2005.

b. AR 385-10, The Army Safety Program, 7 November 2008.

2. Purpose: To define and establish the US Army Garrison (USAG) Wiesbaden Commander's policy on the wearing of headphones or earphones in uniform at USAG Wiesbaden physical fitness centers.

3. Applicability: This policy applies to all patrons of physical fitness centers in USAG Wiesbaden.

4. Headphones or earphones are authorized for wear with the improved physical fitness uniform (IPFU) while utilizing the treadmills, elliptical machines, stair climbers or stationary bicycles in USAG Wiesbaden fitness centers.

5. These devices are not authorized for wear with the IPFU at any other time to include: while utilizing free weights or weight machines; while running on an indoor track; while engaged in any other physical activity inside or outside a fitness center; or while moving through or around a fitness center from one activity to another.

6. The use of headphones or earphones while walking, jogging, skating, and bicycling, including pocket bike, motorcycle or moped on Army installation roads and streets is prohibited.

7. Post this policy on the bulletin board of the fitness center and incorporate it in the fitness center standard operating procedure.

JEFFREY W. DILL
COL, IN
Commanding

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