



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON WIESBADEN
UNIT 29623
APO AE 09096-0050

IMEU-WSB-ZA

9 SEP '10

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: US Army Garrison Wiesbaden Command Policy Letter 8, Safety of Unit Formation/Physical Fitness Training on Wiesbaden Army Airfield

1. References:

- a. AR 385-10, The Army Safety Program, 23 Aug 07.
- b. AE Reg 190-1, Driver and Vehicle Requirement and the Installation Traffic Code for the U.S. Forces in Germany, 13 Aug 10.
- c. AE Pam 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04.

2. Purpose: To establish procedures and identify responsibilities to conduct unit formations and physical fitness training.

3. Applicability: This policy pertains to all military and civilian personnel conducting formations, unit movements, and physical fitness training in USAG Wiesbaden.

4. General: Unit formations moving tactically, administratively, or during physical fitness training present a serious hazard. Death or serious injury can occur without the establishment of appropriate safety measures. Unit commanders will establish safety measures and conduct risk assessments to identify and mitigate all hazards to unit formations and movements as outlined in reference 1.c..

5. The following procedures and policies are established:

a. Unit PT formations:

(1) Will be conducted in gravel, grass, and hardstand areas only. Use of public parking areas, streets and thoroughfares is prohibited.

(2) Due to ongoing construction on WAAF the safest location for unit PT formation runs is the airfield PT track. If units want to conduct PT formation runs on other roads on WAAF they need to conduct a thorough risk assessment.

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(3) Ensure Soldiers are properly marked with reflective clothing when conducting unit or individual movements on roads IAW unit policy.

(4) Unit formations will be protected during hours of limited visibility by posting two road guards twenty meters to the front with non-blinding white lights (flashlight) and reflective clothing, and twenty meters to the rear with red lights or yellow blinking lights and reflective clothing.

(5) Designate as a minimum, one NCO per unit for straggler control. This NCO is responsible for policing up slow runners into a formation to reduce road congestion. Instruct Soldiers who fall out of unit formation to move to the extreme right of the roadway or onto sidewalks.

(6) Formations will occupy no more than one half of the roadway and will not impede traffic.

(7) Chants and cadence calling will not be conducted through Family housing areas, in the vicinity of local farms or in other residential areas.

(8) Units will coordinate routes and times with the Directorate of Emergency Services (DES) NLT 48 hours prior to unit movements on public roads to ensure local authorities are notified.

b. Airfield PT track:

(1) PT route is limited to the perimeter road and 10 feet either side of the road in the grass for pushups/sit-ups.

(2) The infield, active runway, and taxiway are prohibited to pedestrians, vehicles, and any other objects not approved by the airfield operations manager. Soldiers must be briefed prior entering the airfield PT track.

c. Individual PT: Soldiers not in formation are considered pedestrians and must walk/run on the sidewalk or against traffic if a sidewalk is not available. They must yield to traffic when crossing streets and wear unobstructed reflective clothing. Soldiers conducting PT on installation or public roads are encouraged to use the buddy system and run with a "Battle Buddy".

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d. APFT will not be conducted in parking lots or occupied roadways. APFT will be conducted during normal PT hours. The airfield PT track is the safest location to conduct an APFT.

6. Access roads and restricted running areas for unit and individual PT:

a. The south gate is the only gate authorized for runners entering or leaving post. The gate is used to proceed down the German farm road. Caution must be exercised when using the farm roads as there is fair amount of vehicular traffic.

b. Restricted running areas: Road from main gate towards B455 and roads leading towards south gate. Units will not run on Heer Strasse.

7. AE Pam 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04 provides valuable information concerning PT risk assessments, causes of injuries, and preventive measures.

8. This policy supersedes Policy Letter 8, dated 16 Jun 09.

9. POC for this action is the Installation Safety Office at DSN 337-7415/7417/6133/1670.



JEFFREY W. DILL
COL, IN
Commanding

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