

AUTHORIZED SWIMMING AREAS

KLEINFELDCHEN BAD, WIESBADEN (INDOOR/OUTDOOR)	Hollerbornstrasse
Inside and outside pool (inside pool normally closed from 1 May for maintenance). 10 meter high jump tower outside/ 7,5 meter inside, 40 meter long water slide. Outside pool not heated.	
OPELBAD, WIESBADEN (OUTDOOR)	Neroberg
Outdoor pool only, heated, small area, special events in summer like disco, etc.	
KALLEBAD, WIESBADEN (OUTDOOR)	Gräselberg
Large grassy area, tennis courts, beach volleyball, table tennis, 2 small snackbars, large children's playground and baby pool (depth: approx. 30 cm)	
THERMALBAD, WIESBADEN (INDOOR/OUTDOOR)	Aukamm, downhill from Aukamm Housing
Only hot thermal water (38 degree C) inside and outside. Nice to be outside in winter time, sauna, massage, many elderly people go there for health treatments. No children under the age of 6 allowed.	
MAINSPIITZE, MAINZ-KASTEL (OUTDOOR)	Mainspitze
Two large pools, not heated. 3 meter high jump tower, small water slide, large grassy areas, lots of parking space	
SCHWIMMBAD AM GROSSEN SAND, (INDOOR/OUTDOOR)	MAINZ-MOMBACH
Small indoor pool, 2 large outdoor pools (swimmer/non-swimmer), non-swimmers' pool heated (28 degrees C), childrens' pool (max. depth: 2 feet), very large grassy area, playground, beach volleyball, snack bar. One 'Baby Pool' (30 cm deep water). Entrance fee: Children up to 18 years: € 2, above 18 years € 3. Children up to 2 years entrance free. Presently, the Mainz City Parliament is discussing the closure of this public pool	
PALMENBAD (Only indoor)	KOSTHEIM
One pool for swimmers and non-swimmers, extra pool for babies (depth: 20 cm, bathtub temperature), indoor table tennis, small grassy area outside, snack bar.	
SCHWIMMBAD (INDOOR/OUTDOOR)	INGELHEIM
Large indoor pool, outdoor pool and a large grassy area w/ many trees.	
HALLEN- UND FREIBAD	NIEDER-OLM
Indoor and outdoor swimming pool. Pools heated. Sauna.	
FREIBAD WÖRRSTADT-ROMMERSHEIM	WÖRRSTADT-ROMMERSHEIM
Outdoor pools. One 25 m pool for swimmers, one no-swimmer pool with a water slide, one children's pool, playground, large grassy area, large parking lot.	

HALLENBAD, NIERSTEIN, OPPENHEIM	INGELHEIM
Indoor pool (25 m), high jump tower (1 & 3 m), children's pool, solarium, sauna.	

OFF LIMITS AREAS	
IAW USAREUR Reg. 385-2 (with the exception of US controlled areas)	
ALL NATURAL BODIES OF WATER: i.e. LAKES, RIVERS (Rhein/Main River), CANALS, GRAVEL PITS, PONDS, FISH FARMS, FOUNTAINS, RESERVOIRS, AND STREAMS.	For more Information contact the Garrison Safety Office at: mil 337-1670 or civ: 0611-705-1670.
STAY SAFE WHILE HAVING FUN THIS SUMMER, KNOW YOUR LIMITATIONS - - USE THE BUDDY SYSTEM!	