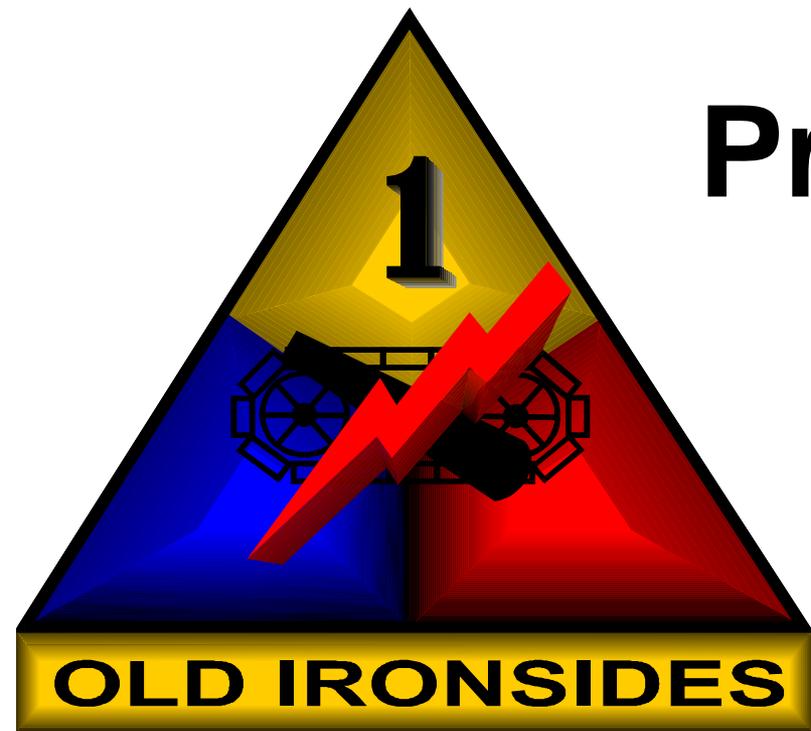




## 1<sup>st</sup> AD

# Pre-Deployment Briefing





# Agenda



<b>1800 – 1810</b>	<b>Commander, STB</b>
<b>1810 – 1820</b>	<b>Commanding General, 1<sup>st</sup> AD</b>
<b>1820 – 1830</b>	<b>Rear D Introductions/Staff Reps.</b>
<b>1830 – 1840</b>	<b>Military Personnel Division</b>
<b>1840 – 1850</b>	<b>Legal</b>
<b>1850 – 1855</b>	<b>Army Community Service</b>
<b>1855 – 1900</b>	<b>Sexual Assault Prevention and Response</b>
<b>1900 – 1905</b>	<b>Postal Service Center</b>
<b>1905 – 1915</b>	<b>Financial Benefits / Financial Readiness</b>
<b>1915 – 1920</b>	<b>Child and Youth Services</b>
<b>1920 – 1925</b>	<b>Public Affairs Office</b>



# Agenda



<b>1925 – 1935</b>	<b>Break</b>
<b>1935 – 1940</b>	<b>OPSEC</b>
<b>1940 – 1945</b>	<b>Health Promotions Office</b>
<b>1945 – 1950</b>	<b>Behavioral Health</b>
<b>1950 – 1955</b>	<b>Directorate of Logistics</b>
<b>1955 – 2000</b>	<b>Provost Marshal / Vehicle Registration</b>
<b>2000 – 2005</b>	<b>Installation Access Control System</b>
<b>2005 – 2010</b>	<b>Red Cross</b>
<b>2010 – 2015</b>	<b>Chaplain</b>
<b>2015 – 2020</b>	<b>Housing</b>
<b>2020 – 2030</b>	<b>Closing Comments/Questions</b>



**Commander/ CSM, DSTB**



**Commanding General, 1<sup>st</sup> AD**



**Command Sergeant Major, 1<sup>st</sup> AD**



**Introductions**  
**Rear Detachment**  
**Staff Representatives**



DHR



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# Military Personnel Division (MPD)



## **EARLY RETURN OF DEPENDENTS** **(EROD)**

- **In the event an unfortunate situation should occur EROD is a last resort when all other resources have been utilized and it has been determined that the situation cannot be resolved within the USAREUR AOR.**
  - **Deployment is not a reason for EROD.**
  - **EROD does not replace the family care plan for single soldiers and dual military families.**
- **EROD severs the service member's command sponsorship and family member will not be brought back at government expense.**

**REFERENCES: AR 55-46 and AE Supplement 1 to AR 55-46**



## PASSPORTS

- Located ground floor of BLDG. 1023N next to the food court.
- Passport applications are to be completed on-line at [www.travel.state.gov](http://www.travel.state.gov), printed and brought to the passport office - without signature.
- Passport office hours are: Mon, Wed, Thurs and Fri 0900-1200 and 1300-1600. Tue 1300-1600 only. Information handouts are available with instructions for tourist passports.
- Recommend you call before you come in if you have questions (DSN 337-5308/7470 or CIV. 0611-705-5308/7470).



## ID CARDS

- Located ground floor of bldg. 1023N next to the food court.
- ID card office hours are: Mon-Fri 0800-1600 and arriving early is normally better than coming in late.
  - Last customer sign-in cutoff is 1530.
  - Last workday of the month the office closes at 1400 for records reconciliation.
- Note: The garrison ID card section services 1AD soldiers **with** their families, and civilians. (Family members cannot attain an ID card without their sponsor.) The STB ID card section in bldg. 01212 services single and unaccompanied 1AD soldiers.
- Recommend you call before you come in if you have questions (DSN 337-6348/6353 OR CIV. 0611-705-6348/6353).



# DHR-MPD

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**MPD CHIEF: DSN 337-5515 or civ. 0611-705-5515**

**ACTIONS (ERoD Information): DSN 337-6070 or civ. 0611-705-6070**

**ID CARDS (Families): DSN 337-6348/6353 or civ. 0611-705-6348/6353**

**PASSPORTS: DSN 337-5308/7470 or civ. 0611-705-5308/7470**



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# **1st Armored Division**

## **Office of the Staff Judge Advocate**

**Legal Assistance Office**  
**CPT Matthew Reid**



# The Way Ahead

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- Estate Planning / Powers of Attorney
- Landlord/Tenant
- Consumer Law
- SCRA
- Tax Issues
- Myths/Scams
- Miscellaneous



# Wills



- Who needs a will?
- What is a will?
- When should I get or change a will?
- Where can I get a will?
- Why should I have a will?



# Other Estate Planning

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- Living wills
- Advanced medical directives
- Durable (springing) POA
- SGLI
- Death gratuity



# Powers of Attorney

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- General
- Special
- In Loco Parentis
- Revocation



# Landlord / Tenant

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- SCRA protections
- What to do if I have a problem?



# Consumer Law

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- Identity theft
- Credit issues
- Cell phones



# SCRA



- Stands for Service Members Civil Relief Act
- May be used to lower certain interest rates
- May protect you from having to appear in court
- May overturn a Default Judgment
- Possible protection from eviction



# Tax Issues



- Combat zone income tax exemptions
  - **Enlisted**: all pay is tax free while in combat zone
  - **Officers**: pay untaxed up to amount earned by highest enlisted Soldier
- Extension for Deploying
  - Extended deadline for filing a tax return
  - If you owe taxes, extensions are as follows:
    - Automatic 180 day extension from time return from combat zone
    - Also, add on every day deployed between January 1 and April 15 (the tax season)



# Claims

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- Items damaged during a deployment
- Time frame
- Office located at bldg 1023N, 2<sup>nd</sup> Floor



# Myths



- Yes, you still have to pay all your bills while you're deployed
  - If not, they **CAN** evict you, foreclose, or repossess your car
- No, all interest rates are not lowered to 6% while deployed
  - Exceptions: reservists, military friendly credit card companies



# Scams

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**HELLO, I AM A LAWYER IN  
NIGERIA AND MY CLIENT IS  
IN DESPERATE NEED OF  
YOUR ASSISTANCE**



# Deployment Checklist

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- Do Family members have access to checking accounts?
- Do Family members know when bills are due and are they able to pay them?
- Are insurance policies up to date?
- Do Family members know where insurance cards are?



# Deployment Checklist

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- DEERS up to date?
- ID Cards expired or expiring soon?
- Have you set as many payments to automatic withdrawal as possible
- Do your Family members understand when basic household and vehicle maintenance are required (oil, filters, salt in dishwasher)?



## WHERE TO GO IF I HAVE QUESTIONS?

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Your legal assistance office of course!

**TO SCHEDULE AND APPOINTMENT  
PLEASE CALL**

**DSN 337-4724/4725 CIVILIAN 0611-705-  
4724/4725**

**NOTARIZATIONS AND OTHER  
SERVICES ARE PROVIDED  
DURING NORMAL BUSINESS HOURS**



# HOURS OF OPERATION

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**MONDAY, TUESDAY, WEDNESDAY, AND FRIDAY**

**0900-1200, 1300-1600**

**THURSDAY**

**1300-1600**

**WALK IN APPOINTMENTS**

**TUESDAY**

**1300-1600**

**FRIDAY**

**0900-1200**



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# ARMY COMMUNITY SERVICE (ACS)

*Real-life solutions for successful Army living*



# ARMY COMMUNITY SERVICE

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## MISSION

**USAG Wiesbaden ACS is the primary resource for solutions that promote successful military living.**

## VISION

**It is our intent to establish USAG Wiesbaden Army Community Service as the best ACS in the Department of Army.**



# ARMY COMMUNITY SERVICE

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## PROGRAMS

- Information and Referral
- Employment Readiness
- Army Volunteer Corps
- Relocation Readiness
- Financial Readiness
- Army Emergency Relief
- Soldier & Family Assistance Center (SFAC)
- Family Advocacy
- Exceptional Family Member
- Mobilization and Deployment
- Army Family Action Plan
- Army Family Team Building
- Military & Family Life Consultants



# ARMY COMMUNITY SERVICE



## MILITARY FAMILY LIFE CONSULTANTS (MFLC)

**Need  
someone  
to talk  
with?**

- ✓ Licensed and Certified Psychologist
- ✓ No Records Kept
- ✓ Free, Private, Confidential, Non-reportable
- ✓ Anonymous
- ✓ Operate on a first name basis only
- ✓ No Rank or Unit

**Call: 0175-617-5799**

**0160-990-82323**

**After-hours and weekend  
appointments available**

- ✓ Feeling stress
- ✓ Snapping at the children
- ✓ Quick to anger
- ✓ Fatigue or a lack of energy
- ✓ Deep sense of sadness or unhappiness
- ✓ Trouble in remembering, thinking or making decisions?



# ARMY COMMUNITY SERVICE



## Contact Information

**Hainerberg Housing Area  
Mississippi Strasse 22  
Bldg 07790  
Wiesbaden , Germany  
Civilian: (49) 611-408-0254  
DSN: 335-5254  
Fax: (49)-611-408-0450**

**For information logon to:**

**<http://www.myarmylifetoo.com>**

**or**

**<http://www.armygermany.com>**

*Real-life solutions for successful Army living*



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# Sexual Assault Prevention & Response

Sexual Assault Response  
Coordinator (SARC)

24/7 0162-296-6741



# Sexual Assault



## Risk Reduction

- Don't binge Drink
- Utilize the buddy system
- Lock your doors (barracks, office & car)
- Set limits & be assertive

### Additional risks in the deployed environment:

- Sleeping areas are less secure (tents, bunkers, trailers)
- Cultural differences



# Sexual Assault



## CONFIDENTIALITY!

- Restricted reporting – **Soldiers who are victims of a sexual assault can report the crime to certain individuals without triggering an investigation.** DSARC, UVA, Chaplain, and/or medical professional. Restricted reporting is NOT afforded to Family members.
- Unrestricted reporting – **Investigation is wanted, chain of command is notified.**
- Exceptions to confidentiality
  - \*Installation Commander is notified of every sexual assault. Statistical information ONLY.





# Sexual Assault



## What to do if you are Sexually Assaulted?

- Get to a safe place immediately
- Leave the scene of the crime as is
- Get Medical attention  
**DO NOT Shower, Change clothes, go to the bathroom or Drink Anything!**
- Ask to speak with a DSARC, UVA, IVA or Chaplain
- Help is available 24/7 0162-296-6741 (**Downrange** contact your local DSARC, UVA, law enforcement or chain of command)



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# POSTAL SERVICE CENTER



# POSTAL SERVICE CENTER



## MAIL DELIVERY OPTIONS

- 1. Service members should not place their mail on HOLD for the duration of the deployment.**
  - Complete DD Form 2258, Temporary Mail Disposition Instructions (available at your Community Mail Room).
  - Service members can either forward all mail, or just service member's mail.
  - Forwards can also be to addresses other than APO address, MPS mail cannot be forwarded outside the MPS system without postage.
- 2. If you desire to designate an individual other than a family member to receive your mail, complete a PS Form 3801 (available at your CMR) or a Power of Attorney .**
  - Only authorized agents are allowed to pick up your mail. *It is your responsibility to give your agent your combination.*
  - "LISTED" Spouses do not need a SIGNATURE CARD
  - PS Form 3801 remains effective until you revoke it.



# POSTAL SERVICE CENTER



## POWERS OF ATTORNEY

**SPONSOR/SPOUSE CANNOT CONTROL THE DELIVERY OF A SPOUSE'S MAIL WITHOUT WRITTEN AUTHORIZATION FROM THAT SPOUSE.**

Powers of attorney are honored under the following conditions:

**If Special:** Must contain exact instructions such as authorization to close receptacle/change forwarding address, or pick up packages.

**If General:** Sponsor will be contacted via e-mail to ensure that his/her wishes are being carried out.

\*\*\* None ID Card holders are not authorized to use a POA to act as an agent for a valid ID Card holder at the Postal Service Center.



# POSTAL SERVICE CENTER



Mrs. Jane Snuffy  
CMR 467, Box 9005  
APO AE 09096-9005

MPS

SGT Joe Snuffy  
HHC 1AD  
FOB XXXX  
APO AE 093XX

**\* NEVER include geographical location as part of address (i.e. Kuwait, Iraq, Germany). This can cause mail to be routed through International mail channels. Mail may be delayed and possibly returned to sender. PRIORITY BOXES / ENVELOPES CANNOT BE USED FOR MPS.**



# POSTAL SERVICE CENTER

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**If your status changes or you have a question at any time:**

- please send us an e-mail ([CMR467@EUR.ARMY.MIL](mailto:CMR467@EUR.ARMY.MIL))
- or call **DSN 337-7630 / 6413; 0611-705-7630 / 6413**

*All e-mail must originate from AKO or other .mil addresses.*  
Service member can use the above email address to make changes to mail disposition at any time.  
(ex: stop forward, or hold mail)



# 208<sup>th</sup> FMCO

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# Deployment Entitlements



# Deployment Entitlements



- ◆ Per diem.....\$105.00/3.50 daily
- ◆ BAS.....Single Soldiers
- ◆ Hostile Fire Pay .....\$225.00/monthly
- ◆ Combat Zone Tax Exclusion.....Fed and State Taxes
- ◆ Family Separation Allowance.....\$250.00/8.33 daily
- ◆ Hardship Duty Pay – (Location).....\$100.00/3.33 daily
- ◆ Annual/Special Leave.....ALA= 75/SLA = 120
- ◆ PDMRA- <https://perscomnd04.army.mil/milpermsgs.nsf/WebFrameset?OpenFrameSet>
- ◆ Savings Deposit Program
- ◆ COLA
- ◆ Eagle Cash Card
- ◆ AIP (Voluntary/Involuntary)
- ◆ Stop Loss Special Pay



# Points of Contact

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- SSG Asher Wright- DSN: 384-6954  
[asher.wright@eur.army.mil](mailto:asher.wright@eur.army.mil)
- SGT Jefferson James- DSN: 385-2597  
[jefferson.james@eur.army.mil](mailto:jefferson.james@eur.army.mil)



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# **ARMY COMMUNITY SERVICE (ACS)**

## **FINANCIAL READINESS**

### **Conserving “Special Pay”**



## PREPARATION

- Talk to your spouse – plan ahead
- Set financial deployment goals with your spouse and write them down
- Goals / Budget
- Emergency savings
- Pay off debt
- Longer term (TSP / IRA)



# FINANCIAL READINESS

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## EMERGENCY FUND

- Emergencies normally occur only in unplanned areas
- Emergency funds can be set aside in any number of ways
  - Savings accounts (by allotment)
  - Separate checking account (by allotment)



## Army Emergency Relief

- Provides no-interest loans for **EMERGENCY** financial needs
  - Emergency travel, POV repairs, food, rent
- Spouse must have Power of Attorney
- Repayment by allotment
- Each situation is unique, call for assistance

DSN 335-5254 or CIV 0611-4080-254



# FINANCIAL READINESS

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## THRIFT SAVINGS PLAN

- Money can be invested in 10 different funds
- Basic TSP participation allows you to contribute up to \$16,500 in 2009
- In addition to your contribution from base pay you can contribute up to 100% of any incentive or bonus pay to TSP (i.e. re-enlistment bonus)
- TSP contributions during combat deployments are **TAX-FREE** for life!!



## THRIFT SAVINGS PLAN

- If you have not made a TSP contribution election, and expect to receive some special pay and want to contribute some or all of it to the TSP

**BE SURE TO MAKE A BASIC PAY ELECTION BEFORE BECOMING ELIGIBLE FOR THE BONUS PAY**



## INDIVIDUAL RETIREMENT ACCOUNTS

- Traditional IRAs and Roth IRAs are options for long-term retirement fund investments
- Educate yourself on the differences
  - Traditional – you contribute before-tax dollars and pay taxes at withdrawal (age 59½)
  - Roth – you contribute after-tax dollars and pay no taxes on withdrawal (age 59½)



## CAUTIONS

- Two debit cards on same account
- Limit downrange spending
- Limit internet purchases
- Don't overspend at the PX – cautious use of the STAR CARD
- Be aware of “emotional spending”



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# FINANCIAL READINESS PROGRAM

Available for unit / FRG briefings

ACS classes available:

- Successful Money Management
- Credit and Debt Management
- Budget Development

Call DSN 335-5254 or CIV 0611-4080-254

for more information or to register for a class



# FINANCIAL READINESS



**Don't Make Her Mad!!!**



**She's still mad 'cause I didn't go over the finances before I was deployed back in '42**

**Don't let this happen to you! Let the Financial Readiness Program steer you in the right direction. Come and learn about budgeting, credit management and much more. For more details call Mark Daybell at Wiesbaden ACS.**

**Army Community Service, Bldg 7790, Mississippi Strasse**

**DSN 335-5254 CIV 0611-4080-254**



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# **CHILD, YOUTH & SCHOOL SERVICES (CYSS)**



# Child, Youth & School Services

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## Mission Statement and Commitment

USAG Wiesbaden CYS Services recognizes the challenges of our Soldiers and Families. By offering quality programs for children and youth, CYS Services supports the *Army Family Covenant* by reducing conflict between mission readiness and parental responsibility.



## Programs & Services

- **Child Development Center** (6 weeks – Kindergarten) – Nationally Accredited and DoD Certified facilities offering Full Day/Part Day Preschool Programs, Strong Beginnings and Hourly and Respite Child Care.
- **School Age Services** (1<sup>st</sup> Grade – 5<sup>th</sup> Grade) – Nationally Accredited and DoD Certified facilities offering Before and After School Care, Full Day Care during School Out Days, Hourly and Respite Child Care, Summer Camps.
- **Family Child Care** (4 weeks – School Age Services) – Certified In-Home Providers offering Full Day/Part Day Preschool Programs, Strong Beginnings Hourly and Respite Child Care, Extended Hours Care.
- **Youth Services** (6<sup>th</sup> Grade – 12<sup>th</sup> Grade) – After School Programs including state-of-the-art youth technology lab, leadership clubs, special events, and field trips.



## Programs & Services

- **CYSS Sports and Fitness** - Year-Round Team and Individual Sports Opportunities, Skill Development Clinics, Fitness and Nutrition Classes
- **SKIESUnlimited** - School of Knowledge, Inspiration, Exploration, & Skills Programs that offer Instructional Classes for Children and Youth.
- **HIRED!** - Apprenticeship Program offering Workforce Preparation Experience for Youth 15-18 years old in all MWR Facilities.
- **EDGE!** – Partnership Program between MWR and CYSS offering Cutting-Edge Activities for Children and Youth.
- **Parent and Outreach Services** – Central Enrollment and Registration, Special Openings, On-Site Childcare, Resource and Referral Services
- **School Liaison Services** – Vital link between Parents, Schools, and CYSS offering Information, Referrals, Education, and Advocacy



## Covenant Focus Areas

### Reduced Child Care Fees

- Elimination of CYSS Registration Fee (\$18.00 per child - \$40.00 per family) for all CYSS patrons.
- 20% Reduction of Fees for Regularly Scheduled Full Day and Part Day Preschool Care for Mission Level 1.
- 16 Free Respite Care Hours per Child per Month for Families of Deployed Soldiers.
- Reduction of Hourly Care fees to \$2.00 per hour for any Hourly Care beyond the 16 Free Respite Care Hours.
- Credit towards Instructional Classes and Team Sports Enrollments for Families of Deployed and Rear Detachment Soldiers.

**Reduced Fees based on Mission Levels, supporting documentation is required.**  
Per Guidance, CYSS must verify with unit if the end date is not specified on the supporting documentation.



## Covenant Focus Areas

- **Free Short Term** Alternative Child Care during Mandatory Deployment Meetings (Coordinated between Unit/FRSA & CYSS Outreach Services)
- **Free Hourly Care** for FRG Meetings (Coordinated between Unit/FRSA & CYSS Outreach Services)
- **Expanded Hourly Care/ Respite Child Care Options**



## Hourly/Respite Care

- Dedicated Phone Line – Central Enrollment and Registration Office (Bldg 1502, WAAF). DSN **337-7014** or **0611-705-7014**. Reservations are accepted from 0830 - 1630, Monday to Friday.
- Friday Evening Child Care offered from 1830 – 2330 on designated dates during the month at WAAF, CDC Bldg 1502.
- Saturday Child Care offered from 1000 – 1600 on designated dates during the month at WAAF, CDC Bldg 1502.
- For more information, please contact CYSS Central Enrollment and Registration Office located at Bldg 1215, WAAF, DSN 337-7928 or Civ 0611 705 7928.



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# **Public Affairs Office (PAO)**



# Command information / Customer support



U.S. Army  
**IMCOM**  
Installation Management  
Command  
Europe Region

Welcome to  
U.S. Army Garrison Wiesbaden  
Serving Wiesbaden, Dexheim and Mainz

Home PhoneBook News & Info Site Map Organization Chart Feedback

Home  Search [Advanced Web Search](#)

- Home
- About the Garrison
- Garrison Commander
- Unit/Tenants

[www.wiesbaden.army.mil](http://www.wiesbaden.army.mil)

Website

**Herald Union**

**Iron spouses**  
Facilities great extension news with flexibility, reactive

**1st Brigade extension**  
Leaders thank families for support, sacrifices during base start meeting

Herald Union Newspaper



Things to Do weekly newsletter, AFN radio show, website blog, twitter



American Forces Network

Welcome to  
USAG Wiesbaden  
Community Information Channel

USAG Wiesbaden Public Affairs Office  
4811-100-1400  
www.usagwiesbaden.army.mil  
or mail: usagwiesbaden.army.mil

Community Information Channel



Interactive Customer Evaluation

Marquees (Commissary, WAAF)



# The Herald Union



Search

[Advanced Web Search](#)

## Photo Gallery

[View More](#)



**VISIT --** Members of the U.S. team sign autographs during a visit to the Garrison Wiesbaden Fitness Center (Clampet)

## INFORMATION CHANNEL

[View More](#)

- [Calendar](#)
- [Herald Union](#)**
- [German News](#)
- [Things to Do](#)
- [Deutsch !\[\]\(cfa05e074300f16097fe94c1dc37d135\_img.jpg\)](#)

### Community News and Information



#### What's new

Click the "new" icon to find out all the new additions to the U.S. Army Garrison Wiesbaden website.



#### Community Lost and Found

Click here to view a list of items reported as lost in the community or that have been turned in to the Military Police Desk over the last 60 days.



#### AAFES/DeCA Council Meeting

The Army and Air Force Exchange Service/Defense Commissary Agency Council meets Sept. 10 at 10 a.m. in Building 1023W, Room 210 on Wiesbaden Army Airfield..

#### Community Information Brief

Click here for the latest Community Information Brief.

#### Shuttle Bus Schedules

Click here for the community shuttle schedule. Click here for the **Landstuhl shuttle bus schedule**.



#### Wiesbaden Spouses Club Open House

The Wiesbaden Community Spouses Club will hold a Community Information Open House at the Community Activity Center Aug. 26 from 10 a.m. to 2 p.m. Find out about opportunities, clubs and organizations available to all ages. Call Alyce Newton at civ (0160) 914 39676 for more information.



#### Women's Equality Workshop

**Community Advisory Effective July 20 to Oct. 31**

#### Women's Equality Day Display Contest

#### Service Member and Spouse Scholarships



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**10 Minute  
Break**



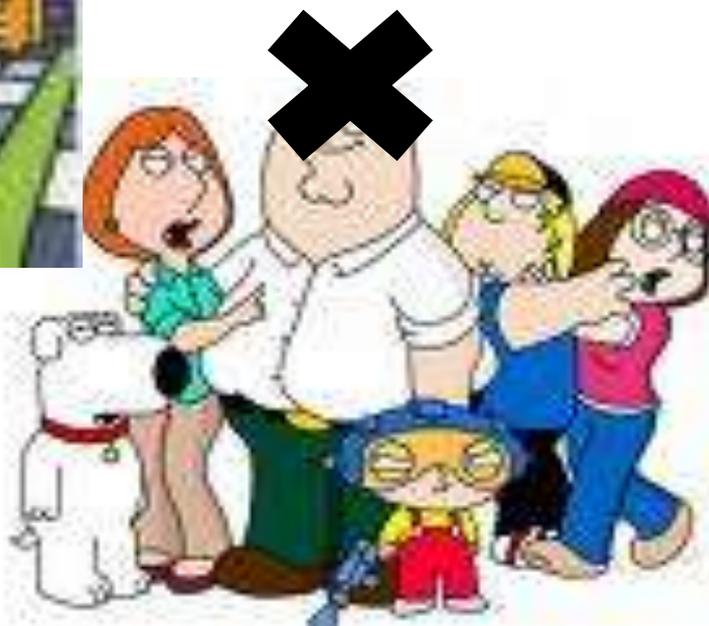
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# **Operations Security Brief for Families**

**CPT Brian L. Adamson  
1<sup>st</sup> Armored Division, G7 (IO)  
OPSEC Officer**



# Deployment Time



Examples of what could be:  
MI6  
Family Photo



# OPSEC Insights

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- Indicators
- Communications
- Websites, blogs, SNS discussing details, pictures/stories not vetted, asked the leadership
- Social Engineering
- Yellow Ribbon
- Do not discuss it or use a secure line
- Other – protect Critical Information from adversary groups and individuals
- You know more than you think
- Document and report



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# Army Health Promotion Program



# Army Health Promotion Program

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- **Promotes overall health: “Comprehensive Fitness”**
  - **Physical**
  - **Behavioral/Emotional**
  - **Spiritual**
  - **Environmental**
- **Community Resource Guide**
- **Community Health Promotion Council**



# Community Resource Guide



U.S. Army  
**IMCOM**  
Installation Management  
Command  
Europe Region

Welcome to  
**U.S. Army Garrison Wiesbaden**  
Serving Wiesbaden, Döxheim and Mainz

Home Organization AKO Links Feedback PhoneBook News & Info

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About the Garrison  
Garrison Commander  
Unit/Tenants  
Directorates  
Garrison Support Services  
Services  
FMWR  
Newcomers  
Regions

**Helpful Links**  
**Community Resource Guide**  
Accommodations Program  
Defense Personal Property System (DPS)  
DPW Service Order Request  
DPW Work Order Request  
Employment  
FRG Links  
Online Levy Briefing  
School Calendars  
Shuttle Bus schedule  
Suicide Prevention Resources  
Take A Hike

**Community Photo Gallery**  
(Click Here for More)



**GERMAN-AMERICAN FUN** - Members of the 1st Armored Division Band perform at the opening of Wiesbaden's Rheingau Wine Festival Aug. 14. The fest, in downtown Wiesbaden, features 100s of different wines from the region and continues through Aug. 23.

**COMMUNITY INFORMATION CHANNEL**  
(Click Here for More)

**Win the Ultimate RECORDING MUSIC EXPERIENCE**

Calendar Herald Union German News Things to Do Deutsch

**Community News and Information**

**What's new**  
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**Women's Equality Workshop**  
**No hot water in Aukamm Housing**  
**Women's Equality Day Display Contest**

**Service Member and Spouse Scholarships**

**AAFES Fuel Card System Outage**  
**Army Family Covenant Survey**  
**Commissary Closes for Organizational Day**

**Community Advisory: Construction at Mainz-Kastel Housing Main Gate**  
**H1N1 Influenza (Swine Flu) Precautions**





# Community Resource Guide



## USAG Wiesbaden Community Health Promotion Council Resource Guide

Current as of June 2009

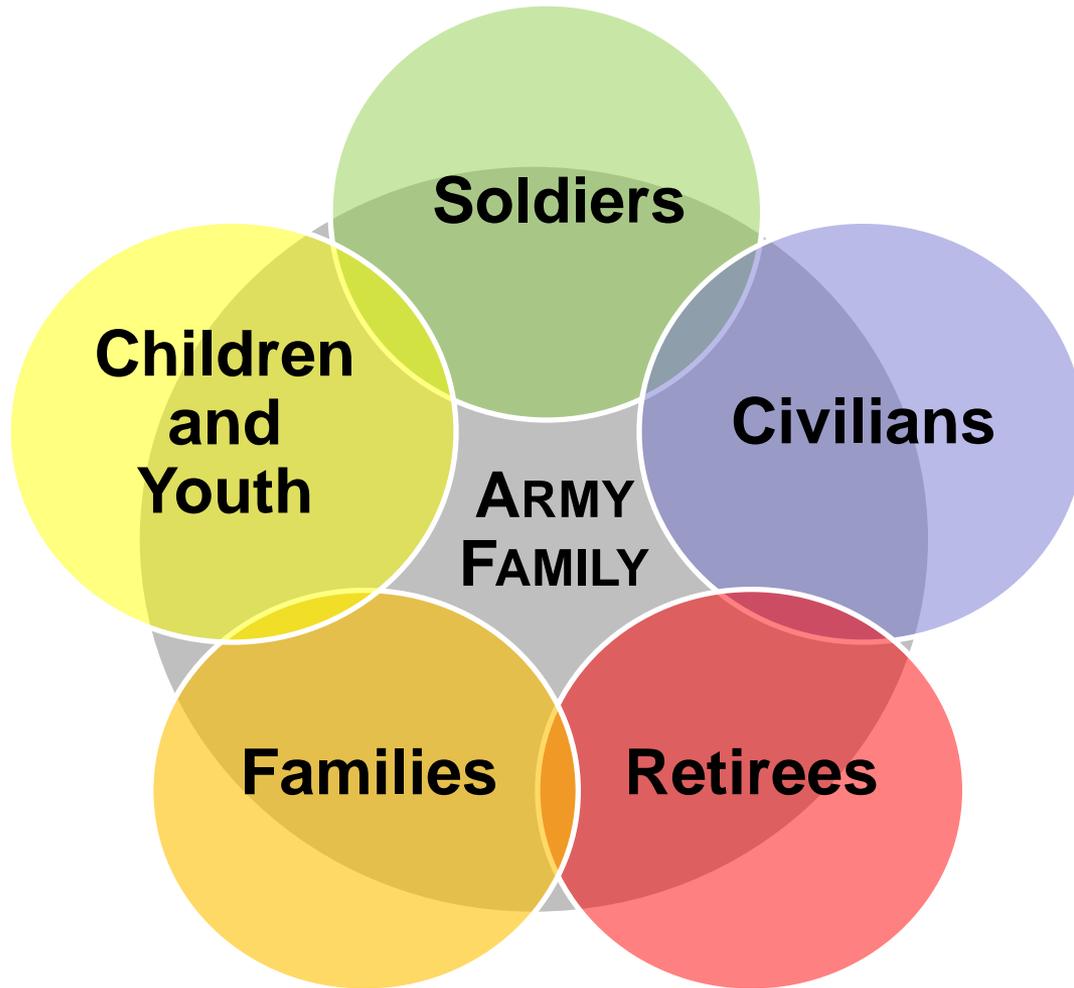
Community Health Promotion Council POC: DSN 337-7244 (Civilian 0611-705-7244)



<p>SUICIDE HELPLINE: 337-5520 (Civilian 0611-705-5520)</p> <p>For urgent help, contact the MP station at DSN 114 (Civilian 0611-705-114) for 24hr on-call support.</p>	Adolescent Substance Abuse Counseling Services	Alcohol Substance Abuse Program/ Employee Assistance Program	American Red Cross	Army Community Services	Chaplain Services	Army Public Health/ Preventive Medicine	Child & Youth Services	Dental Clinic	Educational Developmental Intervention Services	Health Clinic	Legal Services	MWR Sports and Fitness	Occupational Health	Safety Office	Social Work Services	Women, Infants, Children
	ASACS	ASAP/ EAP	ARC	ACS	CH	APH/ PM	CYS	Dental	EDIS	HC	JAG	MWR	OH	Safety	SWS	WIC
<p>DSN to Civilian Conversions: 335....(0611) 408-XXXX 337....(0611) 705-XXXX 338....(0611) 380-XXXX</p>	337-6319	337-1710	337-1760	335-5254	337-1570	337-7270	335-5383	337-1720	337-6662	337-6320	337-4725	337-5541	337-6994	337-1670	337-5297	338-7366
BLDG # WAAF		1023E	1023E		1023W	1040		1040	1526	1040	1023N	6131	1038	1038	1526	Crest
BLDG # HAINERBERG	WSBN H5			7790	7779		7790									Crest View
AFTB Levels 1-3				X												
Alcohol Issues	X	X														
Anger Management	X	X		X												X
Assertiveness Training	X	X														X
Asthma Prevention						X	X			X						
Baby Sitting Training			X													
Blended Families	X			X	X											X
Child Abuse & Neglect				X												X
Children: Raising Special Needs			X	X	X				X	X						
Cholesterol						X				X						
Conflict Resolution	X	X		X	X					X						X
Couples Counseling		X		X	X											X
Crisis Intervention	X				X											X
Deployment Readiness			X	X	X					X	X					



# Community Health Promotion Council



The **Community Health Promotion Council** is where commanders, community leaders, and service providers gather to form a joint strategy to promote and protect the health of our community



# Upcoming Health Promotion Events

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<b>September 14</b>	<b>Installation Suicide Prevention Training</b>
<b>September 17</b>	<b>Comprehensive Community Fitness Fair</b>
<b>September 22</b>	<b>Community Health Promotion Council</b>
<b>October 24</b>	<b>EFMP Autism Awareness Walk</b>



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# **Behavioral Health Services For Iron Soldiers and Families**

Pre-deployment Briefing



# Our Mission

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Support the Mission of the First Armored Division by ensuring Iron Soldiers and their Families have the Behavioral Health resources necessary for a successful deployment and healthy reintegration





# Behavioral Health Services

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- Available – in Garrison and Downrange
- Accessible – for Soldiers and Families
- Effective – with treatment, most folks make a successful recovery
- Biggest barrier – our own fears of asking for help



# Resources Online

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<http://www.afterdeployment.org/> (you don't have to register to use it!)

<http://www.realwarriors.net/>

<http://www.hooah4health.com/>

<http://www.aap.org/sections/uniformedservices/deployment/index.html>

<http://www.1ad.army.mil/mental%20health/home.htm>



# Contact Information

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- Behavioral Health at Wiesbaden Army Health Clinic:
  - Appts DSN 337-6320
  - Psych Tech (Ms. Shea) DSN 337-7971
  - Chief DSN 337-5393
- Division Behavioral Health DSN 337-4105
- Division Psychiatrist (*commercial*) 0151-214-11118
- Division Family Life Chaplain 337-5327

Dial 0611-705-xxxx to reach WAAF DSN lines from off post



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# Directorate of Logistics (DOL)



# Directorate of Logistics



## Ready Boxes (Personal Property)

- Ready boxes provide convenience to Soldiers returning on EL, R&R or Reintegration to enable immediate access to his/her personal items (Class A, bed sheets, clothes, toiletry items, etc.)
- Deploying unit is responsible for procurement and storing ready boxes.
- Carrier may provide ready boxes if unit decides to have it stored at contractor warehouse. IMCOM funded.
- Inconvenience if stored by contractor/carrier warehouse: Minimum 5 working days advance notice required prior to delivery. No second pick-up for storage or delivery
- Advantage of storage at unit facilities (preferred method): No waiting time for delivery, items available during R&R.





# Directorate of Logistics



## Personal Property / POV Storage

- Authorized are :
  - Single Soldiers / bachelors living in the barracks or off post
  - Single Soldiers with dependent children that must leave the residence due to childcare plan
  - Married dual military members when both are deploying
- Unit provides ITO with a deployment order / memorandum signed by the Commander with required information 30 days prior to pick-up
- POV storage will covered during the HHG/POV briefings



## Point of Contact for Personal Property

**Mr. Edgar Schauss, 337-6892**  
**[Edgar.schauss@eur.army.mil](mailto:Edgar.schauss@eur.army.mil)**

**Mr. Mike Fuhr, 337-6472**  
**Michael.fuhr@eur.army.mil**





# Directorate of Logistics



## Non Tactical Vehicle (NTV) Usage For Family Readiness Group (FRG)

- FRG volunteers may operate government-owned or leased NTV
- FRG volunteers must be officially registered as an Army Community Service (ACS) volunteer
- Authority is limited to operate NTVs under 10,000 pounds gross vehicle weight
- NTV support will come from assigned unit assets. Leasing additional vehicles is not authorized.



# Directorate of Logistics



## Non Tactical Vehicle (NTV) Usage For Family Readiness Group (FRG)

- Commanders must grant written permission for use of government vehicle and ensure that:
  - Volunteers have a valid drivers license in the country where the vehicle is primarily based or operated
  - Vehicles are for official use only
  - Driving requirement is part of the volunteers job description
- TMP POC: Mr. Stapleton at 337-1800/7808



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# Provost Marshal (PMO)



# Provost Marshal / DES

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**PMO Emergency (24 hrs):** 114 or 0611-705-114

**PMO Non-Emergency (24 hrs):** 0611-705-5096

**Vehicle Registration Office:** Bldg 7513, Mainz Kastel TMP:  
0611-705 7819 / 337-7819  
HOURS: M-F 0730-1600

**Installation Access Office:** Bldg 1062, WAAF:  
0611-705-7259 / 337-7259/6062  
HOURS: M-F 0730-1600



# Vehicle Registration



# Vehicle Registration

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## Government Storage

- Vehicles placed into government storage will have their registrations de-activated by Vehicle Registration in Manheim. While in storage vehicles will not lose any time on their registration. All de-activations are coordinated by the storage facility with the Mannheim vehicle registration office.

## Non-Storage

- Individuals who do not store their vehicles in government storage are responsible for maintaining their vehicle registration and are eligible for a one year extension.
- To obtain 1 year extension, Unit representatives must submit request to Vehicle Registration in Manheim for processing.



# Vehicle Registration

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## Non-Operational Registrations

- Vehicles registered Non-Operational and that are in government storage will have their registrations deactivated while in storage and will not lose any time on their registration.
- Individuals who do not place their Non-Operational vehicles into government storage will be responsible to maintain a valid registration. Non-Ops are good for 90 days unless granted an extension by the USAG Wiesbaden Deputy to the Commander.
- The only authorized storage areas for non-ops are at the auto craft shop or car care center on Mainz-Kastel Storage Station with clearly display documentation in the windshield of vehicle.



# Reactivating Vehicle Registration

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In order to reactivate your vehicle registration, individuals must visit their local Vehicle Registration Office with the following documents.

- DA Form 788 (storage inventory check List)
- New Double White Insurance Card
- Valid USAREUR License
- USAREUR ID Card



# Vehicle Registration Hours

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- Hours of operation: Mon-Fri 0730-1600
- Last sign in is 1500 daily
- Closed at 1200 on last Friday of the month for inventory
- Closed all federal holidays

FOR MORE INFO PLEASE SEE REGISTRY  
OF MOTOR VEHICLES WEBSITE:

<http://rmv.hqusareur.army.mil>



# Installation Access (IACS)



## IACS

- **Visitor Family member access**
- **Personnel service employee**
- **Replaced ID cards**



# Installation Access

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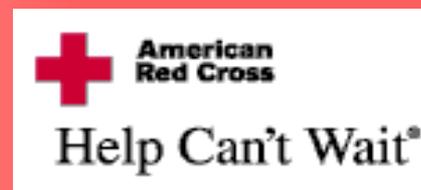
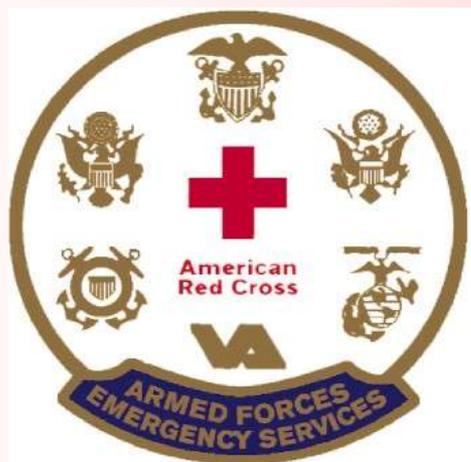


## IACS

- **All ID cards to include Family members must be registered in IACS system**
- **If expired downrange you must update during reintegration**
- **Replaced ID cards**
- **POC Wannica Wyatt**



# American Red Cross (ARC)





# American Red Cross



- **Get to Know Us Before You Need Us**  
**[www.redcross.org](http://www.redcross.org)**  
**877-272-7337**
- **Classes (First Aid, CPR and AED  
( Automatic External Defibrillator)**
- **Volunteer opportunities**



**Contact: CIV: 0611-705-1760/5173, DSN: 337-1760/5173, After Hours,  
Weekends & Holidays: CIV: 07031-15334 or DSN: 431-2334**



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# Chaplain



# Your Chaplain Team



CH (COL) Bruce Fredrickson  
*Division Mobilization Chaplain*

Hainerberg Chapel                      DSN 335-5176

CH (CPT) Josh Metz  
*USAG Staff Chaplain*

Hainerberg Chapel                      DSN 335-5570

SFC Drew Hagemann  
*Division Mobilization Chaplain NCOIC*

Hainerberg Chapel                      DSN 335-5174



# Family Retreats



- Provide retreats for the families of deployed Soldiers.
- Support FRG events throughout the deployment.
- Family retreats focused on building resiliency keeping our families **IRON STRONG**.
- Common retreat destinations include: Edelweiss, Willigen, and Hambachtal.



# Pastoral Counseling



- **Deployment**
- **Stress**
- **Coping Skills**
- **Conflict Management**
- **Family Issues**
- **Grief**
- **Spiritual Issues**





# Religious Services



## WAAF CHAPEL

### Friday

1200 Muslim Prayers

1930 Jewish Service

### Saturday

1600 Confession

1700 Catholic Mass

### Sunday

1000 Contemporary

Protestant Service

1230 Gospel Service

### Tue, Wed, Thu:

1200 Catholic Mass

## HAINERBERG CHAPEL

### Sunday

0900 Catholic Mass

1100 Protestant Service

### Mon-Fri

LDS 0645-0740

Activity Room



- **On-call ministry - available 24 hours**
- **Support to Rear-Det. Cdr's and FRG Leaders**
- ***After hours...call the MP Desk at 0611-705-5096***

***Wiesbaden Chapels...  
...God's Love Spoken here!***



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# **Directorate of Public Works, Housing (DPW)**



## ASSIGNMENT TO ARMY FAMILY HOUSING

 Sponsors currently on the waiting list may elect to be by-passed until they return from deployment or have their spouse sign for quarters.

- Need telephone number to reach spouse, no POA is needed.

## RETENTION OF GOVERNMENT QUARTERS

 Sponsors may retain quarters for the duration of the deployment.

 Quarters must continue to be maintained as outlined in regulatory guidance.



# Housing



## TERMINATION OF GOVERNMENT QUARTERS

- **Sponsors can terminate quarters, prior to deployment.**
- **Spouses can terminate quarters in the absence of the sponsor.**
- **Army married couples, both deploying, can terminate assigned quarters and have their household goods placed in storage.**
- **Notify the Housing Office, to schedule and obtain briefing on termination procedures and cleaning requirements.**

## NON-DEPENDENTS RESIDING IN GOVT QUARTERS

- 👁️ **Non-dependent Family members and guests may be allowed to reside in quarters during the sponsor's absence. Prior approval from Garrison Commander must be obtained.**
- 👁️ **Sponsors are responsible for non-dependent Family members and guest(s) conduct while residing in government housing.**



# Housing



## EXTENDED LEAVE OF ABSENCE FROM HOUSING

 **Maintain assignment of housing and/or family members depart the area for an extended period of time:**

- **Make arrangements for the continued care and upkeep of quarters.**
- **Provide POC with keys to the quarters.**
- **Make arrangements for the care of any pets (and not left in qtrs!)**
- **Provide “written” notification to the Housing Office, that includes:**
  - **Projected length of time for absence from quarters.**
  - **Telephone number where you can be reached in an emergency.**
  - **Name, rank, unit, duty phone & home phone number for the POC responsible for your quarters in your absence.**

**Note: Housing will not replace lost keys or allow entry to quarters, if a POC has not been identified in the individual’s housing file.**

*Note: It is imperative that sponsors who retain their assigned quarters (off-post & on-post housing) which will remain vacate until their return, adhere to the above requirements.*



# Housing



## **PRIVATE RENTAL (OFF-POST) HOUSING CONSIDERATIONS**

- ⊗ Sponsor can retain their off-post housing unit and will continue to pay monthly rent and receive OHA.**
- ⊗ Sponsors can terminate housing, prior to deployment, in accordance with lease contract agreement.**
- ⊗ Spouses can terminate housing in the absence of the sponsor.**
- ⊗ Sponsors should establish automatic bill paying through the local bank.**
- ⊗ Arrangements must be made with the Housing Customer Service Branch to have government furniture/appliances picked up prior to returning the rental unit to the landlord.**
- ⊗ Contact the Housing Services Office (off-post support) for assistance.**



# Housing



## **UNACCOMPANIED PERSONNEL HOUSING (UPH):**

**☎ Unaccompanied Soldiers in government controlled UPH and diverted AFH are required to vacate and clear their quarters with Housing.**

**☎ Personal property will be packed and stored during deployment.**

**☎ Government will reimburse telephone, internet & cable TV reconnection fees upon re-deployment.**



# Housing



## TELEPHONE NUMBERS

**To set up a pre-termination inspection for government quarters**

Call Housing - 337-5770/6290/5337 (Unaccompanied 7557/5664)

**To set up termination of government quarters**

Bring orders, HHG shipping date and flight information to Housing

**To notify landlord for off post housing and set up termination appointment**

Call HSO - 337-7059 or 0611-174639-3

**To set appointment to have CFMO furniture and/or appliances picked up**

Call Housing 337-5770/6266/6192

For questions concerning these and other issues not addressed in this fact sheet,

**Please call Ms. Heike Trail at DSN 337-7058;**

**alternate is Ms. Gordana Petrovic at 337-5337**

**Chief Housing Division, Mr. Waldemar Feliciano, 337-7060**



## Questions / Comments

